



I told you not to pack that.

Top tips for packing smarter and travelling lighter.

These are things you think you might need for your holiday.
But you don't, you really don't.

Be ruthless

You are not a snail. You don't need to carry your home on your back. Hairdryers? Travel irons? Really? Remember the sun and the wind will dry your hair and iron your linen. Now apply this thinking to everything else. And don't pack anything that you can buy when you get there - it's often cheaper and interestingly... foreign.

Make a plan

So many nights out. So many restaurants So many days on the beach. So many seeing the ruins. Dress yourself for each, in your imagination. Then bring, one, just one spare item. You know what you'll have to show security at the airport. Put it where you can find it, in the order you'll need it, and then leave it alone.

Use the technology

Books weigh a ton. You can carry the book weight of a London bus on a Kindle or e-reader phone app. Company reports? Leave them behind. It's your holiday, for heaven's sake! And for peace of mind buy a simple tracker for your case.

Make sure your suitcase contents behave

Use a ziplock bag for toiletries. Use another one for all of your electric chargers and converter plugs. Any bottle or container already opened can have a cap of clingfilm before you seal it again. Pack light-coloured clothes inside-out. They are just waiting to show a stain.

Cube your clothes

It's a better use of space and it gives you better, at-a-glance access. Stuff socks into shoes and put shoes in a plastic bag. Try to pack clothes in the order you're likely to need them. Consider vacuum packs. You just roll the air out and seal - your clothes are half the size.

Pack a smaller case

That's right. Packing will always expand to fill the space available. If you haven't got the space, you can't overpack.

Useful links

Holiday Extras www.holidayextras.com
www.blog.tortugabackpacks.com/packing-light-tips/
- 31 Travel Experts Share Their Best Tips For Packing Light